



## NATURAL CURES

Les, right, whose injured knee was healed by an African witchdoctor, with actress Deena Payne



Les's herbal company helped Deena cure her psoriasis

and themba. "I had a stressful job. Being an actress on a soap is like feeling that you're always taking exams and it manifested itself as psoriasis."

"I went to my GP who suggested three products which seemed to clear it up for a while, but then it came back ten times worse."

It was the TV make-up girl who had the job of back combing her hair who suggested Little Herbal.

"I got in touch with Les and after seven months treatment it was completely gone," she says.

Deena introduced former colleague Samantha Giles (36), who played Bernice in Emmerdale, and now plays Valerie Holden in Hollyoaks.

She says: "I was filming *Where The Heart Is* at the time I first met Les and working long hours with early starts. If there were any colds or flu going, I seemed to pick it up. My whole immune system was down. Within six weeks of taking simba I felt fantastic."

Later when wracked with nerves performing in live theatre, she also began taking filisa to calm her down.

"I had not done any theatre for quite some time and was quite stressed. It was like herbal Valium. It really stabilised me and helped me cope," she says.

Non-celebrity client Janice Nixon (60) says filisa helped her cope with the effects of the menopause. "I had to come off HRT about 18 months ago and started getting terrible hot sweats at night, leaving me very grumpy and tired. I tried filisa and after

## 'After seven months treatment my psoriasis was completely gone'

Emmerdale actress Deena Payne

two to three months things definitely improved."

Les's success enables her to support the villagers who've now become friends. The company is involved in various projects and helps the local school, orphanage and water supply.

Deena herself is sponsoring a child and urging fellow Emmerdale cast members to do the same. "In these sad times for Zimbabwe we never forget the people there and their kind, generous nature," adds Les.

Roseanna knows she's not forgotten. When Les told her she was famous in England on her last visit in June, she nodded and knowingly replied: "Every time you talk about me I get a funny feeling in my ear!"

// **Anybody wanting to support Les's projects can contact her on 0484 669807 or visit the website [www.littleherbal-int.com](http://www.littleherbal-int.com)**

Roseanna and her village community also benefit from Little Herbal



pair were stopped in the streets of their local village of Holmfirth by people wanting to buy it.

Within months, Les was so convinced by the herbal cures, she left her well paid job with a company pension and BMW to set up a company importing and selling the herbal products with the help of a qualified pharmacist in Johannesburg.

"My colleagues thought I was completely mad but I always knew it was the right thing to do!"

Almost nine years on, she's never looked back as - without advertising - her company has a £300,000 plus turnover.

Client Deena Payne (53) - Emmerdale's Viv - swears the "painful and embarrassing" psoriasis on her head was completely cured by simba